

PLD SYMPTOMS - SEVERE POLYCYSTIC LIVER DISEASE

Acid reflux	Acid stomach	Back pain	Bladder prolapse
Bleeding into cysts	Bloating	Bones break	Budd-Chiari
Candidiasis or yeast overgrowth	Cardiac compression	Cholangitis	Clots from slow returning blood supply
Clots from pressure against vessels	Collapsed lung	Compression bile ducts	Compression inferior vena cava
Craving for sweets	Difficulty breathing	Discomfort fullness	Distortion of ribs
Dyspepsia	Dyspareunia	Edema with painful feet	Early satiety
Emaciated	Fat loss low body fat percentage	Fatigue	Food just pops out of the mouth
Fullness and bloating	Gaunt scrawny	GERD	Getting full small quantity of food
Heartburn	Headache	Hungry unable to eat	Hepatic venous outlet obstruction
HVOO or Budd-Chiari	Hemorrhoids	Inability to sleep flat	Inflamed bile ducts
Infected liver cyst results in pain	Itchy skin	Jaundice	Liver cyst burst or bleeding into cyst
Looking pregnant or beer belly	Malnutrition	Mass displaces organs	Massively huge liver and belly
Massive liver size up to 40 KG	Matted spider telangectasias	Muscle wasting severe	Mucous membrane fragility
Nausea	Pain	Painful bile ducts	Pericardial effusion
Poor appetite	Pudendal nerve entrapment	Rapid bowel transit time	Reduced platelets
Reflux	Ruptured liver cyst	Shortness of breath	Spider veins
Skinny upper body	Sleep difficult	Stomach compression	Swelling of legs & feet with pain
Tiredness from a heavy liver	Unable to walk very far	Uterine prolapse	Urinary incontinence
Varicose veins	Vestibulitis	Vomiting dry heaves	Weight gain many water filled cysts
Yeast infection	Yellow orange skin		

📍 PLANT BASED ALKALINE DIET

📍 NEUTRAL PROTEIN 0.6 GRAMS/KILOGRAM

📍 LOW SALT 1200 MG SODIUM HIMALAYAN PINK SALT

📍 WATER