

PLD SYMPTOMS - SEVERE POLYCYSTIC LIVER DISEASE

Acid reflux	Distortion of ribs	Inability to sleep flat	Rapid bowel transit time
Acid stomach	Dyspareunia	Infected liver cyst results in pain	Reduced platelets
Back pain	Dyspepsia	Inflamed bile ducts	Reflux
Bladder prolapse	Early satiety	Itchy skin	Ruptured liver cyst
Bleeding into cysts	Edema with painful feet	Jaundice	Shortness of breath
Bloating	Emaciated	Liver cyst burst or bleeding into cyst	Skinny upper body
Bones break	Enlarging cystic liver	Looking pregnant or beer belly	Sleep difficult
Budd-Chiari	Fat loss low body fat percentage	Malnutrition	Spider veins
Burst cyst results in pain	Fatigue	Mass displaces organs	Stomach compression
Candidiasis or yeast overgrowth	Food just pops out of the mouth	Massive liver size up to 40 KG	Swelling of legs & feet with pain
Cardiac compression	Fullness and bloating	Massively huge liver and belly	Tiredness from a heavy liver
Cholangitis	Gaunt scrawny	Matted spider telangectasias	Unable to walk very far
Clots from pressure against vessels	GERD	Mucous membrane fragility	Urinary incontinence
Clots from slow returning blood supply	Getting full small quantity of food	Muscle wasting severe	Uterine prolapse
Collapsed lung	Headache	Nausea	Varicose veins
Compression bile ducts	Heartburn	Pain	Vestibulitis
Compression inferior vena cava	Hemorrhoids	Painful bile ducts	Vomiting dry heaves
Craving for sweets	Hepatic venous outlet obstruction	Pericardial effusion	Weight gain many water filled cysts
Difficulty breathing	Hungry unable to eat	Poor appetite	Yellow around eyes
Discomfort fullness	HVOO or Budd-Chiari	Pudendal nerve entrapment	Yellow orange skin near eyes

📍 PLANT BASED ALKALINE DIET

📍 NEUTRAL PROTEIN 0.6 GRAMS/KILOGRAM

📍 LOW SALT 1200 MG SODIUM HIMALAYAN PINK SALT

📍 WATER

Polycystic Liver Disease ©