

PKD SYMPTOMS – POLYCYSTIC KIDNEY DISEASE

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| Abnormal heart valves | Gross hematuria | Ovarian cysts |
| Acidity | Headaches | Pain |
| Aneurysms | Heart valve | Pancreatic cysts |
| Arachnoid cyst | Hematuria | Pericardial effusion |
| Back pain | Hemorrhoids | Pressure ↑ kidneys |
| Bladder cyst | Hernia | Proteinuria |
| Bladder infection | High blood pressure | Renal infection |
| Bleeding into cyst | Hyperuricemia | Stomach pain |
| Brain cysts | Intracranial aneurysms | Subarachnoid hemorrhage |
| Burst cysts | Itching | Thyroid cysts |
| Calcium deposits | Kidney failure | Uric acid in urine |
| Cardiovascular abnormality | Kidney infection | Urinary tract infection |
| Diverticula | Kidney stones | Uterine cysts |
| Epididymis Cyst | Liver cysts | Varicose veins |
| Flank pain | Low blood cell count | |
| Frequent urination | Low Urinary Cysts | |
| Gross hematuria | LVH | |

● PLANT BASED ALKALINE DIET ● NEUTRAL PROTEIN ● LOW SALT 1200 MG SODIUM ● WATER